

## Prime Climb Youth Climbing Team

If your child is between 8 and 16 and is interested in pursuing climbing as something more than just an occasional activity, our youth climbing team is the perfect place for them to develop their climbing skills under the guidance of our experienced coaches. Whether they are interested in climbing for recreation, or participating in competitions, our team activities and training allow each member to set their own goals and develop at their own pace. Prime Climbs goal is to foster a lifelong love of climbing in a positive and supportive atmosphere. We're far more concerned with effort and attitude than winning at any cost. Prime Climbs coaches have years of experience working with climbers of all ability levels, so no matter if a climber is just starting out or ready to face national competition, we're there to support and guide them.

Our team is perfect for beginning climbers who have had a great time at one of our programs or birthday parties and are interested in climbing as a sport or regular activity. While our coaches offer lots of guidance on how each child can improve their ability as climbers, the emphasis is always on fun.

For those climbers who really want to push themselves and their climbing ability, or want to participate in climbing competitions, our coaches will provide additional focus on all the factors that impact an athlete's progression, including on the wall training, drills that develop specific areas of their climbing technique, and comprehensive workouts that train for the physical and mental demands of high level climbing. Our coaches are there to support team members as they compete in local, regional and national comps. We still have a great time and keep things low pressure, but our coaches will work to bring out the best in our climbers.

It is important to note that climbers don't need to actively compete or climb at some minimum level to join. The focus at all levels will be on fun and improving individual climbing skills

Schedule: The Prime Climb Youth Team currently meets from 4-6 PM or 6 – 8 PM on Tuesdays, and 6-8PM on Thursday evenings. Members may choose to participate in a once a week or twice a week program.

Membership includes:

- Full access Prime Climb and Mountain Fun Facilities for team members
- Equipment rental
- 10% discount on gear and equipment purchases
- Outdoor trip each year
- 1-5 Ratio of coaches to climbers

Cost: Monthly Membership  
\$88 Meeting once a week  
\$130 Meeting twice a week

### The small print

- Team members have a full membership and may climb any day during business hours.
- There is no charge for parents belaying their child.
- Parents who wish to climb should consider using punch pass (\$12 visit) or if climbing frequently should consider membership for even further discounts – ex climbing twice a week. Equipment rental fees still apply.